





**March 2019**

**The HUB**

<b>Mondays</b> 8:30am-4:30pm	<b>Tuesdays</b> 8:30am-4:30pm	<b>Wednesdays</b> 8:30am-8:00pm	<b>Thursdays</b> 8:30am-4:30pm	<b>Fridays</b> 8:30am-12:30pm
<p><b>Breakfast 'Grab &amp; Go' Program</b> 8:00am-9:00am</p> <p><b>Play to Learn (0-6yrs)</b></p> <p>⇒ Meetup Mondays</p> <p>Monday March 18 Good Food Box Arrives</p> 	<p><b>Breakfast 'Grab &amp; Go' Program</b> 8:00am-9:00am</p> <p><b>Play to Learn (0-6yrs)</b></p> <p>⇒ Terrific Tuesdays</p> <p><b>Ask Alicia (from CCHC) by appointment only</b></p> <p>Contact North-Online Learning (Drop in with Annette-Online Learning Recruitment Officer) 9:00am-12:00pm</p>	<p><b>Breakfast 'Grab &amp; Go' Program</b> 8:00am-9:00am</p> <p><b>Play to Learn (0-6yrs)</b></p> <p>⇒ Drop in Wednesdays</p> <p><b>March 20 - Dragon Man 10:00am</b></p> <p><b>Wed March 13 -open 8:30am to 4:30pm No evening hours.</b></p>	<p><b>Breakfast 'Grab &amp; Go' Program</b> 8:00am-9:00am</p> <p><b>Play to Learn (0-6yrs)</b></p> <p>⇒ Baby &amp; Toddler Fun (0-1 year old)</p> <p><b>St. Thomas Library at the Hub! Thursdays 3:00pm-4:00pm</b></p> <p>Thursday March 7 Good Food Box Money Due</p> 	<p><b>Breakfast 'Grab &amp; Go' Program</b> 8:00am-9:00am</p> <p><b>Play to Learn (0-6yrs)</b></p> <p>⇒ Friendship Fridays</p> <p><b>Closed at 12:30pm on Fridays.</b></p>



**IF YOU WOULD LIKE TO RECEIVE OUR CALENDARS ELECTRONICALLY, PLEASE SEND AN EMAIL TO THE FOLLOWING EMAIL ADDRESS AND YOU WILL BE ADDED TO OUR MONTHLY CONTACT LIST.**  
[a.eveland@communitylivingelgin.com](mailto:a.eveland@communitylivingelgin.com)

**\*A reminder to families that children under the age of 10 need to be accompanied by an adult (someone age 18 or older) when visiting the HUB. Thank you for your cooperation!**

## Interested in furthering your education online?

Stop by the Hub on Tuesdays from 9:00am-12:00pm Discuss your options with Annette, Online Learning Recruitment Officer.



## What's Happening... ASK ALICIA



Alicia is a Community Outreach Worker and Systems Navigator from **Central Community Health Centre**. She will be here to support you with completing applications for Housing, Trillium Drug Plan, Ontario Works, etc., if you need to replace or obtain a birth certificate, newborn registration, or health card.

By appointment only. Contact Alicia at 519-633-7989 or email - amalcolm@centralchc.com to schedule an appointment.

## GOOD FOOD BOXES ARE AVAILABLE AT THE HUB!

Every month you have the opportunity to purchase a box of food that is filled with different fruit, veggies, salad items, yogurt, and cheese. Plus there is something new or different to try! Each Good Food Box cost \$15.00. (plus \$10.00 initial membership fee)  
Call the HUB at 519-631-5182.



## St. Thomas Public Library at the HUB!

St. Thomas Library at the Hub!  
Thursdays 3:00pm to 4:00pm

Come and meet with the Library staff for all your library needs.

Get a library card, check out books, return books, and put books on hold.



## Grab & Go Breakfast Program

School children can stop by anytime between 8:00am to 9:00am: Monday-Friday on their way to school to pick up breakfast for a healthy start to their day. We will have such things available as:  
**muffins, yogurt, fruit, trail mix, pancakes, and more!**

## M.O.M. Monday

Meetup on Mondays! Come connect with other neighbourhood Mom's and their little ones. Share experiences, find advice, give support and make new friends. 10:00am to 11:30am.



## Terrific Tuesday Fun

Join us each Tuesday morning in March for some fun interactive experiences.



## Drop In Wednesdays

Caregiver Café every other Wednesday.  
Designed for those who provide home childcare. A time to network with other home childcare providers.  
Wednesday March 6 and 20 from 9:30am to 12:00pm



## Thursday Baby and Toddler Fun

Play, bond and move with your baby and toddler in a friendly, relaxed atmosphere. 9:30am to 11:00am



## Friendship Fridays

Nurture connections, explore feelings and help your child become a confident problem solver.



Dragon Man coming to the HUB  
Wednesday March 20 at 10:00am  
Come see the Dragon Man  
and his amazing creatures!



Closed Wednesday March 13 at 4:30pm. (March Break)